**COVID 19 Protocols – ACU Students/Staff - *I was exposed to COVID-19 – what do I do?***

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| NSW | ACT | VIC | QLD | SA |
| I HAVE COVID-19 Symptoms | | | | |
| * Do not come to campus if you are unwell. * Get a COVID-19 test and if positive, isolate until negative test result and symptoms resolve. * Report your result on Service Central if positive and register your result with service NSW | * Do not come to campus if you are unwell. * Get tested. * If positive, go home straight away and isolate and follow the public health directions * Report your result on Service Central if positive * If negative, miminise your movements in the community. | * Do not come to campus if you are unwell * Get a COVID-19 test and if positive, isolate until negative test result and symptoms resolve. * Report your result on Service Central if positive | * Do not come to campus if you are unwell * Get tested either PCR or RAT. * If positive, follow the rules for a diagnosed person * Report your result on Service Central * Don’t visit vulnerable settings. | * Do not come to campus if you are unwell * Get a PCR and quarantine until result. * If test using RAT and result is negative need to confirm with a PCR. * Report RAT result if positive to SA Health and ACU via Service Central |
| I DO NOT HAVE COVID-19 Symptoms | | | | |
| [Household contact](https://www.nsw.gov.au/covid-19/management/household-contacts#toc-who-do-these-guidelines-apply-to)   * Minimise movement in community. * Do not come to campus if you are unwell * Test if you develop symptoms * Work or study from home where practicable * You must wear a face mask in indoor settings outside home and wear the required face mask in some settings i.e. practical classes. * Avoid high risk settings * Where possible take a RAT test if you need to attend campus | [**I**](https://www.covid19.act.gov.au/stay-safe-and-healthy/exposed-to-covid19) **live with someone who has COVID-19**   * You do not need to self-isolate * Monitor for symptoms * Advise your supervisor/lecturer that you are a close contact and discuss your working/study arrangements * Work or study from home where practicable * Wear a mask at all times in indoor ACU spaces and wear the required face mask in some settings i.e. practical classes * Avoid high risk settings i.e. aged care * Where practicable take a RAT test if you need to attend campus or work/study. | [**Household contact**](https://www.coronavirus.vic.gov.au/checklist-contacts)   * Household contact period is 7 days. * No quarantine required if - test negative using RATs for 5 days out of 7-day period with one day at least between tests and last test on day 7. * Wear a mask indoors when outside home and wear the required face mask in some settings i.e. practical classes. * Do not visit high risk settings i.e., hospitals and care facilities. * Notify your supervisor or LIC that you are a close contact.   If do not follow above, you must quarantine for 7 days and use RAT on Day 1 and Day 6. Speak with your supervisor to discuss options (taking leave, WFH etc.)  If positive: report result and isolate for 7 days.  [**Social and Workplace Contacts**](https://www.coronavirus.vic.gov.au/checklist-contacts)(less than 15 mins with a case or more than 2 hours in the same indoor space with a case).   * Get tested if you have symptoms. * Monitor for symptoms and staff COVID safe * Tell ACU via Service Central if you test positive and follow health restrictions. | [**Close Contact**](https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/exposed-to-covid/close-contacts/first-steps-as-a-close-contact) (have been with a case for more than 4 hours in a house, other accommodation or care facility).   * Monitor for symptoms for 7 days. * Wear a face mask outside of home including indoors if can’t socially distance and wear the required face mask in some settings i.e. practical classes. * Notify employer you are a close contact * Avoid high risk settings. * Test if you plan to leave home. Recommended to test on first day you leave home and every second day after that until you are no longer a close contact. * Speak with your supervisor to discuss options (taking leave, WFH, etc.). | [**Close contact**](https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid-19/testing+and+tracing/close+contacts)(household/ intimate partner, personal contact with case for 4 hours or more during infectious period, notified by SA Health they are a close contact, been to exposure site).   * Undertake 5 RATs over 7 days from your exposure period * Do not attend Tier 1 setting for 14 days * Don’t attend Tier 2 settings for 7 days * Wear a mask leaving house for 7 days after exposure. * Report RAT result if positive. * Avoid contact with people at high risk * Work from home where possible * Report your RAT results even if tested negative |